

# MH TRAINING SERVICES

## CIEH Level 2 Award in Health and Safety in the Workplace Training



Chartered  
Institute of  
Environmental  
Health

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### **Target Group / Attendees**

This qualification / training will benefit any employee at work and will give them a greater understanding of their responsibilities not just their employers as regards health and safety. It will also help to assist supervisors and managers to eliminate any potential problems that may arise due to poor health and safety standards.

### **Aim**

The aim of the course is to benefit anyone in a working environment as it provides candidates with an understanding of Health and Safety that will enable them to contribute to any-risk assessment based health and safety management system within their workplace.

### **Course Programme / Status**

The training programme has been put together by the Chartered Institute of Environmental Health.

Successful completion of the training programme and assessment will enable candidates to understand:

- Health and Safety requirements placed on Employers & Employees.
- Hazard and risk and the main causes of harm to workers.
- Health, safety and welfare provisions in the workplace.
- The importance of following safe systems of work, procedures and rules.
- Hazards and controls in respect to both safety and occupational; health risks.
- How their own actions can reduce risks to health and safety.

## **Course Content / Aims and Objectives – Theory Instruction**

- Trainees will have an understanding of course aims and objectives.
- **Part 1**
- Module A- Introduction to Health and safety at Work
- Module B- Health and Safety Law
- Module C- Health
- Module D- Safety
- **Part 2**
- Module F- Workplace Specific Health and Safety
- Module G-Risk Assessments
- Module H-Manual Handling
- Module I- Hazardous Substances
- Module J-Ergonomics etc
- Module K-Working at Heights
- Module L-Transport and Vehicles
- Module M-Noise and Vibration

### **Instructors**

Courses are carried out by our fully trained and accredited instructors and the training will be of a high quality standard throughout.

### **Location of Training**

Training can be delivered on-site and off-site depending on customer requirements; training delivered off-site will be more advantageous to the trainees as the training can be specific to their workplace activities.

### **Delivery**

The training is classroom based and provides a visual stimulus to reinforce the keys learning points, each trainee / student is encouraged to engage in interactive questions and answers from the trainer to either individuals or groups, each trainee is also issued a CIEH safety manual specific to the course.

### **Achievement Measurement**

The training is carried out by accredited instructors / tutors and includes a theory examination culminating in 20 multi-choice questions and 10 open where the trainee / student must achieve 20 or more correct answers in order to receive a certificate endorsed by the Chartered Institute of Environmental Health.