

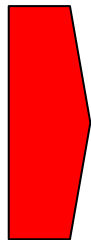
MH TRAINING SERVICES

COUNTER-BALANCED FORKLIFT TRAINING



Target Group / Attendees

Those who have, or are required to have “hands on” knowledge and responsibilities involving the safe use of “counter-balanced forklifts” used within their workplace environment.



Ratio: 1 Machine – (F/L) – 3-Trainees - 1 Instructor
Duration: 3 Days training (Experienced no formal training)
1 Day training (Refresher / Persons with experience and trained)
5 Days for Novice- Operators (No formal training whatsoever)
The above is based on a maximum of 3 trainees per day.
Duration can be decreased when trainee numbers are reduced.

Age: 18 Years & Over

Aim

The aim of the course is to provide selected delegates with underpinning knowledge and practical ability to operate counter-balanced forklifts safely within their working environment and to have successfully undertaken and passed the appropriate operator tests in accordance with the Health and Safety Commissions Approved Code of Practice and Supplementary Guidance for Rider Operated Lift Trucks –Operator Training HSG L117.

Regulations Covered

- Health and Safety at Work Law
- Lifting Operations Lifting Equipment Regulations 1998
- Provision Use of Work Equipment Regulations 1998
- Management of Health and Safety at Work Regulations 1999
- ACOP-HSG L1117

Course Content / Aims and Objectives –Theory and Practical Skill Instruction

- Trainees will have an understanding of course aims and objectives.
- Have a clear understanding of their responsibilities under Health and Safety Law and other relevant legislation.
- Trainees will have an understanding of the safety rules applicable to operating counter-balanced forklifts within their workplace.
- Introduction to the machine, characteristics of the main components etc.
- Principles of counterbalance.
- Rated capacity.
- Factors effecting stability and in-stability.
- Control(s) familiarisation and their functions.
- Daily pre-use checks and re-fuelling procedures.
- Load handling, identifying load weights.
- Stacking and de-stacking at ground, eye and high levels.
- Bulk stacking and de-stacking.
- Vehicle loading and un-loading.
- Handling awkward loads.
- Attachments (if applicable)
- Driving and steering exercises, un-laden and laden.
- Occupational dermatitis.
- Pre-use checks test.
- Multi and Open choice theory test.
- Practical test.

Instructors

Courses are carried out by our fully trained and accredited instructors and the training will be of a high quality standard throughout.

Location of Training

Training can be delivered on-site and off-site depending on customer requirements; training delivered off-site will be more advantageous to the trainees as the training can be specific to their workplace activities.

Equipment

Must be in sound working order, efficient state and of good repair when being used for training off-site and to be made available when required for the practical aspects of the training, ideally in an area away from the normal day to day work activities.

British Industrial Truck Association Groups

B1 – Counter-balanced forklifts with a safe working capacity up to 5tons only.

B2 – Counter-balanced forklifts with a safe working capacity of 5tons to 15tons only.

B3 – Counter-balanced forklifts with a safe working capacity of 15tons upwards.

Prerequisites

Operatives should be medically fit including good eyesight and hearing.

Achievement Measurement

The training is carried out in accordance with ITSSAR Accredited Standards and includes both theory and practical assessments leading to a nationally recognised qualification on successful completion.